

POEMS WORTH READING

AFTER
Always after the hardest blow, the first
Of some of delight
In coming back to one's self again, with
A spirit born for the fight;
Fearlessly facing the future, that looms
And ready to face our part,
Men all over in purpose and will, with
The sound of a song in the heart.

BANISH
Banish, after the darkest hour, the
Lowliest light ahead
To glory the path for a better task in
Which our feet must tread;
A pulling together of loosened ends and
Tightening along the line
Of the great work and the mental seal
For a nobler effort and life.

JUST GROWIN'
Just growin'—that's the way they do,
The blossoms out there in the field;
The trees whose branches reach the
blue,
The fruit that fall their branches
yield.

Just growin'—satisfied and all
To hold their own and grow and grow,
Hark of the answer to the call.
That, mark their changes sure and
slow.

Just growin'—it's all that time can ask
And maybe best for you and me,
To yield unto the simple task
In heart and soul—like flower and
tree.

WHEN ROSES GO
When roses go I always start
To have that feeling in my heart
Of something like remembered things
In murmurings of the far-off springs;
A kind of need to be of mind,
That bubbles of the way the wind
Blow in the sweet of April, when
The world came back to joy again.

When roses go—ah, must it be!
But where is any time that we
Have staved forever in the heart
From dreams of those that must be
part,
To fade not but to live again
In memory for the joy of men;
Thus, after all, no roses go,
Long as the inward roses grow.

When roses go—it is not true
That they have died beneath the year,
Their petals fallen and the stain
Upon them of the beating rain.
In our dear garden after all
There shall be roses by the wall
As long as memory keeps her throne—
Remembered roses, and unknown.

WHEN I SMILE
By William H. Beardon
There's a fellow goes around, goes
around with a cheer all day,
If you meet him in your travels turn
and walk another way,
He is known as Johnnie Hager. How
he can cheer and look so bright!
And just because he is not happy, he
loves the sight of cheer!
But if you can't help meeting him, then
talk to him a while;
And when you do just smile—
and when you do just smile.

When I smile, let me smile with a smile
worth while,
For I know what a smile can do;
A doctor and his pills can chase away
your life,
But he can't make your smile worth
while!
Never fear when a cheer may appear
a little queer
That it states you off a wondering;
Just smile those smiles, and you'll win
by miles,
And you've got the fool a blundering.

FRATRY
By Jane Barr in "I Batted My House"
It's a gentleman's place to stamp and
stomp,
And about his hat through the black
and white,
It's a woman's place to quiver and
stare,
And lift her eyes in a hopeless prayer.

**It's a gentleman's place to wrack and
smudge,**
And greet her presence with a frowning
grudge,
It's a woman's place to beauteous and
brag,
In the way laid down by her earthly
Judge.

**It's a gentleman's place when his spouse
is spent**
To make his home with indifference;
It's a woman's place to be content
Of honeyed loving and sweet content.

BEYOND
A woman is wrought of steel and stone,
And the heart is fire in the tongue in
stone,
And the soul runs wild that you think
you know—
But a woman is bound to play the game

THE MAKING OF GOOD
By Helen A. Gump
The ancient world in darkness and the
world without end
The ancient that follow the riddles
of the stars

Business Training

One year of Burdett College business training
in worth five years of routine office work.

Gets you bigger salary and swifter promotion.
25,000 Burdett graduates and students in Greater Boston have
proved it.

With a Burdett training you need no "breaking-in."
You earn a trained worker's pay from the start.

Burdett College Faculty Largest of
its kind in New England; 200 stu-
dents of college, faculty and ad-
vanced, 200 teachers and other office
machinery, 100 teachers, business men
and women and educators take part
in the Laboratory of Business Train-
ing, under the direction of J. H.
Powers, Jr., with positions offered
graduates and competent
students the past year.

Fall Term Begins Tuesday, Sept. 3
New Pupils Admitted Every Monday
And Advanced Individually.

Which Catalogue Shall We Send—Day or Night School?
NO INCREASE IN DAY TUITION RATE

BURDETT COLLEGE

18 Bay State St., Cor. Washington St., Boston

But far across the waters come the
Legions of the free
In the holy cause of justice and to save
humanity.

You can hear the Loud Hosannas
From out the Rescued Soul;
And the Right shall hold the Balance
In the Sacred Scales of God!

The dawn at last is breaking, and the
war worn peoples are
The vision of the blessed peace that
shall come with victory;
For the new world's fearless giant is
speaking to their shore
To curb and bind and overwhelm the
monster evermore.

You can hear the Loud Hosannas
From out the Rescued Soul;
And the Right shall hold the Balance
In the Sacred Scales of God!

CARRY ON!
From a longer poem by Robert W. Ser-
vice in "Rhymes of a Red Cross
Man"

It's easy to fight when everything's
right,
And you've met with the thrill and the
glory;
It's easy to cheer when victory's near,
And follow in fields that are gay;
It's a different song when everything's
wrong,
When you're feeling infernally mortal;
When it's ten against one, and hope
there is none,
Duck up, little soldier, and cheer!

CARRY ON!
Carry on! Carry on!
There's a fellow goes around, goes
around with a cheer all day,
If you meet him in your travels turn
and walk another way,
He is known as Johnnie Hager. How
he can cheer and look so bright!
And just because he is not happy, he
loves the sight of cheer!
But if you can't help meeting him, then
talk to him a while;
And when you do just smile—
and when you do just smile.

There are some who drift out in the
deserts of doubt,
And some who in brainless wallow;
There are others, I know, who in piety
go
Because of a Heaven to follow.
But to labor with rest, and to give of
your best,
For the sweetness and joy of the giving;
To help folks along with a hand and a
song;
Why, there's the real sunshine of living.

CARRY ON!
Carry on! Carry on!
Fight the good fight and true;
Follow in your mission, great life with
a cheer;
There's a big work to do, and that's why
you are here.
Carry on! Carry on!
Let the world be the better for you;
And at last when you die, let this be
your cry:
Carry on, my soul! Carry on!

LIGHT ON THE TRAIL
Frank Morris Beverly
The clouds encumbered hold the stars—
No vent was there to light,
Wade down when the pasture bare
I grazed by way at night.

For day and left me far afield,
My task was yet undone,
As I went to the darkness yield
At passing of the sun.

Oh, somewhere there crept a sense,
So still amid the dark—
Oh, friendly touch to darkness dense!
Oh, light of glowworm's spark!

And then a bit of cherry white
Ward goodness to the heart;
That flicking (creatures of the night)
Was hidden to depart.

A friendly word someone
Had heard the glowing breeze
To me? her greeting open to me—
Oh, power! such as these.

And now, I've known the power that
be

To help o'er stretches dark,
I'm gladdened by anemone,
Or glowworm's lucid spark.

"The wood anemone, or wind flower,
as it is sometimes called, is said to un-
fold its petals only when the wind stirs
it."

FEEDING POULTRY
By G. E. Conkey
Improper feeding of poultry is often
responsible for their inability to grow
properly and to produce winter eggs or
eggs for hatching that possess the vi-
tality necessary for the production of
strong vigorous chicks.

Such loss could, to a great extent,
be very easily overcome, for it is not
at all difficult to feed properly. What
they need to be properly fed is the fol-
lowing: "First to be fed for life main-
tenance and second for egg production
—when this has once been understood
the problem of poultry feeding has been
solved."

In feeding we must bear in mind the
fact that part of the feed consumed
must be used for life maintenance and
that the balance, less the energy con-
sumed in digesting the food, goes into
the production of eggs.

This same rule holds good in feeding
poultry from the growing birds to the
moulting hen for just as the laying hen
requires a good ground feed, rich in
protein, (called mash), for egg produc-
tion; so does the growing bird require a
good mash for proper development.

One other thing must be remembered
and that is that while the pullet is
growing to the proper size the egg
chamber is growing likewise and un-
less this delicate organ is properly de-
veloped eggs will not be forthcoming
when the time comes for the bird to lay.
Birds should not be put in houses
that are too small or too many birds
should not be put in one flock. This
sometimes affects all the good feeding
that has been done.

In feeding poultry at this time we
must consider the government require-
ments as to what we may use in our
mixed feed. To those that are not fa-
miliar with the grains allowed for poul-
try use we suggest writing for the lat-
est Government Bulletin.

From past experience we have found
that a grain mixture fed in the morn-
ing thereby causing the birds to exer-
cise all day long and feeding the mash
at night has given better satisfaction
than feeding mash at noon and a heavy
grain feed at night.

As above stated it requires a certain
amount of energy to digest all food so
it can be very readily seen that the
more mash or ground feed the fowls
consume, the less the amount of energy
required to digest it and the result
will be more of the feed value goes in
to the proper development of the birds
or in the case of laying pullets or hens
more of it goes into the making of eggs.

HANOVER.
Deferred.
The Willing Workers met with Mrs.
Sarah Stearns last Wednesday, where
they enjoyed a very pleasant afternoon.
The next meeting will be at the home
of Mrs. C. F. Sanders, Aug. 21.

J. L. Dyer, wife and two children,
are visiting at Alex. Richardson's.
Mrs. D. R. Hastings and daughter,
Edith, accompanied by Mrs. Harold
Hastings and daughter, Dick, and Mrs.
Viola of Dorchester, Mass., were calling
on relatives in town, Sunday.

Mrs. F. L. Howe while out riding
Saturday afternoon had one of the rear
wheels of their wagon smashed by a
New Hampshire car in trying to pass
them. No one was injured.

Mrs. Fanny Farver will close her
home and go to East Bethel and stay
with her daughter, Mrs. Ed. Ballings,
till she regains her health.

An auto party last week camping out
at someone's ago in the road in front of
H. Kimball's. The owner can have
the same by proving property and pay-
ing charges.

One's neighbors visited her grand-
mother in Bethel last week.
H. C. Barker, wife and daughter,
May, accompanied by J. L. Dyer and
family were at Mount Carmel, Sunday.

SOUTH PARKS

An unusually heavy electrical shower
passed over here Wednesday afternoon,
doing a great deal of damage. It struck
here about three o'clock. A great deal
of rain fell and many trees were blown
over. In some sections, hail stones were
so large that they were scraped up and
put into ice boxes for ice.

The farm buildings of James Clark
on the East Oxford road were struck
and burned to the ground. The light-
ning struck the barn, and the stock
was taken from the barn and all the fur-
niture removed from the house. A large
load of men went up from here but
were too late to do very much good.

On Stearns Hill the hail broke 33
panes of glass in the buildings belong-
ing to William Stearns and totally de-
stroyed several acres of crops belong-
ing to Mr. Stearns. Glass was also
broken in the house of Austin Stearns
near Paris. Several gardens were ruin-
ed near the village. Several barns
were taken from their underpinning.
Car service on the street railway was
suspended for about one half hour.

Rev. and Mrs. A. T. McWhorter and
two daughters, Ruth and Kathleen, of
South Lawrence, Mass., formerly of So-
uth Paris, are now spending a vacation here
and keeping house in the home of Mrs.
Mary Shurtleff, who is in Audon for the
summer.

Mrs. William Ripley entertained
Mrs. H. B. Whiting for the day, Thurs-
day.

Albert Morse, who is employed at
the Navy Yard in Charlestown, Mass.,
has returned after spending a few days
here with his family, who live with Mr.
Morse's mother, Mrs. Elizabeth Morse,
who is falling in health.

Miss Mary Clifford, who is employed
at the Poland Spring House for the sea-
son, has been spending a few days here
and her sister, Mrs. Carrie Matthews,
of Oakland is visiting her people, Mr.
and Mrs. Wallace Clifford.

Mr. and Mrs. Thomas Barnes were in
Harpwell for the day, Friday, where a
family party was held at the old home-
stead.

Miss Lillian Waldron of Portland has
been a guest of Miss Abbie Starbird for
a few days. Miss Starbird returned to
Portland, Friday, with Miss Waldron
for a few days.

Corp. Donald B. Briggs of this place
was one of eighty-eight men selected
from Camp Devens a few days since to
attend the officers' training school at
Camp Lee, Va. The school opened on
Tuesday of last week. Another one
of those chosen was Arthur D. Marston
of Auburn, who was formerly a resi-
dent of South Paris.

Mrs. C. W. Bowker entertained a few
lady friends at tea Wednesday evening,
especially in honor of Mrs. Cora S.
Briggs and Mrs. Kate Linder, who are
to leave in about two weeks for the
winter, going to Muskato, Minn. Mrs.
Briggs and Mrs. Linder were also en-
tertained recently at tea with other
family friends at Mrs. Justina Hall's.

Miss Maude Cullen of Portland and
Mrs. Chas. A. Cole were guests of Mrs.
A. D. Park over Sunday and Monday
of last week at Shag Pond. Mrs. Park
spent Sunday with her parents there.
Mrs. Ella B. Heald of East Sumner and
grandson, Stephen Russell, are at Shag
Pond with the Park's. Mr. Park at-
tended Probate Court at Auburn last
Tuesday.

Mr. and Mrs. Walter K. Twitcheell are
visiting in Winthrop and Marsabrook
for a few days.

Mrs. Lawrence Bailey and son, Elmer
of Berwick, Me., are guests at J. E.
Murch's.

Mrs. Fred B. Wiggin and son, Hiram
are spending a vacation at Lovell, their
former home.

Mrs. S. Kasper Wight and Hilda
daughter of Columbus, O., are guests
of her sister, Mrs. H. A. Morton.

Miss Blith Maxwell spent several
days last week with her sister, Mrs. D.
McStewart, at Diamond Island.

Mrs. M. Ripley visited the family of
her daughter, Mrs. Harry Glidden, in
Auburn for a few days last week.

Mr. and Mrs. W. J. Matthews, who
have been visiting Mrs. M. R. Buckel-
der, have returned to their home in
Portland.

Mr. and Mrs. Lora Howard and two
daughters, Lois and Ethel, of Hamp-
scott, Mass., are guests at William L.
Gray's.

Miss Carrie Hall has finished her
two weeks' vacation, and resumed her
work in the registry of deeds Monday
morning.

Mr. and Mrs. Walter R. Abbott and
son visited the family of Mr. Abbott's
nephew, John Harper, in Portland last
week.

Mrs. H. B. Carter and daughter,
Betty and Beatrice, spent the past week
at Kittery Point. Mr. Carter was with
them there for a few days.

Mrs. Arthur C. Soule and daughter,
Elizabeth of South Windham were
guests of her parents, Mr. and Mrs.
George R. Morton, over the week end.

Mr. and Mrs. A. L. Holmes are at
their camp at Shag Pond for two
weeks, where their son, W. K. Holmes,
and family of Southington, Ct., are
spending their vacation.

Mr. and Mrs. S. A. Lord, Mrs. Ellen
Blake and Mrs. Elizabeth Edgerly were
at Wilton, Wednesday to visit Mrs.
Blake's daughter, Mrs. E. P. Parlin,
making the trip by automobile.

Mr. and Mrs. Clarence G. Morton and
their children, Helen and Hugh, Mrs.
C. A. Bessey, Miss Lenora Bessey and
Miss Miriam Chapman made a trip to
Crystal, N. H., Thursday and Friday.

Miss Phyllis K. Forbes of Canton, N.
Y., who is a counselor for the summer in
Camp Arcadia for girls at Casco, visit-
ed relatives here over the week end,
making her headquarters at Mrs. Geo.
D. Crockett's.

Arthur V. Barker left here Wednes-
day night on his return to Snodish,
Vash. He has been here four years,
employed as saw filer in the factory of
the Paris Manufacturing Co., and notes
the fact that he has not lost an hour
during that time. His family have been
in Washington for some years.

J. E. Plummer went Monday morning
to Boston, where he is to enter a hospi-
tal for surgical treatment.

Mr. and Mrs. Walter L. Gray and Mr.
and Mrs. A. J. Stearns of Norway at-
tended the funeral of Maj. L. W.
Blanchard at Remford, Sunday.

Miss Gladys L. Damon is taking her
vacation from the post office, and went
Monday morning for a visit with her
brother's wife, Mrs. P. L. Damon, at
Danville.

Mr. and Mrs. C. E. McArthur returned
Saturday night from a visit of some
weeks in Schenectady, N. Y., and else-
where.

Mrs. McArthur's grandniece,
Miss Lillian M. Steadman of Dorches-
ter, Mass., came with them for a visit.
Mr. and Mrs. B. K. Morse of Port-
land were week end guests of Mrs. L.
A. Shaw. Mr. Morse was one of the
old Grand Trunk conductors, beginning
to work for the road at 15 years of age,
when the terminal was at South Paris,
and attaining the position of conductor
within a few years. For some years he
has had a position on the Maine Cen-
tral.

SOUTH WOODSTOCK
Mr. and Mrs. Frank Andrews, Mary
Stearns, Mrs. Mary Stevens and Miss
Minnie Stevens are visiting relatives in
Vermont.

Mrs. Susie Woods of West Paris is
visiting at Will Andrews' and calling
on other friends in this vicinity.

A. M. Andrews, H. M. Andrews at-
tended the Undertakers' Convention at
Auburn last Wednesday. Mrs. H. M.
Andrews and children and Miss Eva
Jackson accompanied them and visited
relatives in Auburn.

Mrs. Roy Titus and daughter of Dry-
den's Pond were guests of her father,
Tuesday.

Mr. Kelley and Viola Rose have pur-
chased the Perry Lapham farm.
Corey Bonney and son of Sumner
are working for A. M. Andrews for a
few days.

Fred Lurvey and family went to
Bethel, Friday.
Freeman Winslow of Middle Inter-
vale is working for W. S. Davis and
son through haying.

Walter Edwin Martin of South Paris
visited his grandmother, Mrs. Flora
Martin, one day recently.

Mr. and Mrs. Charles Swan and
daughter and other relatives of Locke's
Mills visited at Fred Lurvey's, recent-
ly.

ALBANY
Herbert I. Dean and family of Law-
ton visited his father, A. O. Dean,
over Sunday. Friends of the family
were glad to learn that they had re-
ceived a letter from their son, Herbert
B. Dean, who was wounded in the neck
and left arm by a high explosive shell
on July 15th, saying that the doctors
had taken 15 stitches out of his neck
and that very soon he would be ready
to meet "Papa" again.

Mrs. William McNally and children
return to their home in Lynn this week.
Arthur Andrews and family were in
Bryant's Pond this week. He is to be
married on Route No. 2.

Rev. Charles D. Paul expects his
mother to spend a week with him be-
fore he leaves Albany.

Mrs. Taber of New York and Miss
Anderson of Saranac, Wis., are guests
at Mrs. Abel Andrews'.

HEALTH THE AIM
"Study the chart and watch your
selves grow" is the advice given some
of the children in the New York City
schools, says the State Department of
Health. The best part of the new
scheme is that it works. It's fun too.
The youngsters take a keen interest in
knowing what their physical measure-
ments ought to be and in making their
muscles grow, in setting the right food
to build bone and muscle, in making
themselves better physical beings. In
commenting on the plan a writer in the
Evening Star said: "In the past, health work
ever in the schools has concentrated usu-
ally on disease. Surely the time is
coming swiftly when this will become
subordinate, and health education will
require in the schools, not only for
defects, but efficient for health."

FIFTY-FIFTY RULE / STILL EFFECTIVE

Public Eating Places and House-
wives Must Continue to Use Wheat
Flour Substitutes.

Orono, Me., Aug-
ust—Releases of
hotels, restaurants
and homes from
the pledge to do
without wheat until
the 1918 harvest,
announced recently
by the United States Food Adminis-
tration, should not be misconstrued
to mean that they are privileged to
use wheat flour entirely without sub-
stitutes.

It is believed that many people in
this state had either misinterpreted the
"release" or deliberately sought to
use it as an excuse to avoid the
regulations.

Hotels and restaurants are re-
quired under the present regulations to
use thirty-three and one-third per
cent of wheat flour substitutes in all
sweet goods baked and served and 25
per cent of wheat flour substitutes
in all bread and rolls.

Householders are still held to the
50-50 rule in the purchase and use of
flour and are asked to ration them-
selves and their establishments to a
maximum consumption of 1 1/2 pounds
or wheat per person per week.

Notwithstanding continuing reports,
there has been no concession or de-
parture from the wheat flour limita-
tions, and the 50-50 rule is still ef-
fective.

SEEK PROMPT RETURN OF CANS
Dairymen who ship milk to the
cities will be pleased to know that
work in solving the problem of
getting more prompt returns of
milk and cream cans. At the sugges-
tion of the Food Administration
the express companies are sending
out circulars to all their agents and
messengers calling their attention to
the need for quick service in sending
back these containers to the shipper.

They are being impressed with im-
portance of this service in keeping
up a steady supply of a most nec-
essary food item in giving the shipper
an opportunity to market his
highly perishable product quickly.

The Food Administration believes
that the appeal to the employees will
have the desired effect. The need in
this important industry is for prompt
shipments both ways.

HOLDING THE LINE
We have the task of maintaining
the men in that living up made up
of soldiers and the people pack of
that line. We must not run any
risk. There must be no narrow
margins. We must see that there is
plenty of food over there, so that
no matter what happens to the ship-
ping in any one month, they are
safe. Then we have the chance to
win the war and make good.

The food program is a fighting pro-
gram. We here in this country have
the education, we have the brains,
we have the loyalty. We must live
up to our privilege of backing up
our splendid men who represent us
in the Army and Navy. Let each of
us live so each day that when our
boys come back from France we can
look them in the eye and say: "I did
my share and all that I could do at
home."

THE NEW SUGAR RULES
Patriotic citizens of Maine will
adjust themselves to the two pound
per month consumption of sugar.
This new regulation issued by the
Food Administration will continue at
least until the first of October, and
possibly later. The first of the new
crop from which relief may come,
will reach the United States market
in October. In the form of best sug-
ar, Louisiana, cane sugar will be
available about the middle of No-
vember, and Cuban cane a month
later. However, the quantity of these
supplies will hardly be sufficient to
afford appreciable relief until in
January.

The restricted individual ration
implies no modification or departure
from the Food Administration's pol-
icy of encouraging canning, without
the use of sugar whenever possible
—"but canning by all means!"—The
Food Administration explains that
the largely increased foreign demand
for sugar at this time, are taking
much of the amount that has been
anticipated for canning purposes.

Accordingly, the administration is
calling upon housewives to preserve
their fruit without sugar, and add-
ing a sweeter later on, when it
is expected the supply will be more
plentiful.

HOARDING CONDEMNED
Federal Food Administrator Leon
B. McGill, has said that hoarding
is a thing that cannot be too severe-
ly condemned, especially at a time
when assurance is given that it is
not necessary. It is a patriotic duty
on the part of every citizen who
knows when hoarding is being prac-
ticed to report it immediately to the
nearest local food administrator.

Since sugar can be so easily hidden
away, good citizens are all the more
duty-bound to stamp out this per-
nicious practice. Local adminis-
trators should secure from merchants
their heartiest co-operation in at-
taining an equitable distribution of
sugar, both for the protection of the
north and the general public.

GREATEST A MAN E

Can Help Himself
His Country
Liberty E

WE MUST ALL D

Score of Things We
Which Seem Nec-
Are Really Use-
Into the F

By EDWARD
Each time a new in-
nounced we should
are. For years we
phrase "as good as
bond" as indicating in-
ment possible, but be-
was impossible for
vector to secure a go-
Periodically an issue
was so quickly subse-
banners that the an-
little chance. Now
chance, and a chance
can afford to buy.

It will, of course, be
when the fourth Lib-
nounced that they
paid for the third loan
that is no reason
fail to subscribe ag-
fifth loan can be issued
paid for the third loan
gun paying for the fol-
that we subscribed for
go on we will have a
each loan have each
a sum for the best
earth, have acquired it
of saving, and when
announced and we
part of that and paid
and ourselves in posses-
sion of bonds that
pride of the share we
and have a comfortable
bargain.

Must Do Our
Never, really, was
stimulated given us to
nonessential and save,
saying for our boys and
to fight, but it is saving
they come home and
selves. Is there, in
prouder parent than
mother, who when her
son comes home from
can open a drawer and
little package of Lib-
That is what we mean
home-fore burning; "I
car boys," by "doing
only point is that we
the latter to "doing our
done our "bit" in the
this fourth loan we
"best." We want to be
our boys a bond or two-
but not have him at
you and in the end
it isn't as if we can't
if we will only get our
job of real saving. The
things

OXFORD COUNTY

STATE OF MAINE

List of Candidates to be voted for in the County of Oxford at the State Election, September 9, 1918. Penalty for wilfully defacing, tearing down or destroying a list of candidates or a specimen ballot, five to one hundred dollars fine.

FRANK W. BALL, Secretary of State.

To vote a straight party ticket, place a cross (X) in the square above the party group of candidates for whom you desire to vote; or omit the cross (X) in the large square above the party group and place a cross (X) in each one of the small squares at the right of the names of the respective candidates in the party column.

To vote other than a straight party ticket, omit the cross (X) in the large square at the head of the column and place a cross (X) in the small square at the right of the names of such candidates as you wish to vote for in any of the party columns. If the name of a candidate of your choice is not on the ballot, strike out the name under the designation of the office in any of the columns, write in the new name and place a cross (X) in the square at the right.

As an optional method of voting other than the straight party ticket, place a cross (X) in the large square at the top of the column, strike out the name of any candidate thereunder whom you do not wish to vote for, and if you wish to vote for the candidate of another party for that office, place a cross (X) in the square at the right of his name as printed in any other column. If you wish to vote for a candidate whose name is not on the ballot, strike out the name printed under the designation of the office in the column at the head of which you have placed the cross and write in the new name in the blank space underneath.

Stickers will not be counted unless placed on the ballot by authority of the Secretary of State to correct an error or to fill a vacancy.

SPECIMEN BALLOT

REPUBLICAN

For United States Senator

BENT M. FERNALD, Belfast

For Governor

CARL E. MILLIGAN, Augusta

For State Auditor

ROY L. WARDWELL, Augusta

For Representative to Congress

WALLACE H. WHITE, Jr., Lewiston

For State Senator

ORMAN L. STANLEY, Paris

For County Attorney

FREDERICK M. DYER, Bethel

For Clerk of Courts

EDWARD H. PARTRIDGE, Norway

For Register of Deeds, Eastern Dist.

W. H. JENNIE, Paris

For Register of Deeds, Western Dist.

DEAN A. BALLARD, Fryeburg

For Sheriff

HARRY D. COLE, Paris

For County Commissioner

CHARLES W. BOWEN, Paris

For County Treasurer

GEORGE M. ATWOOD, Paris

For Representatives to Legislature

EDWARD H. TAYLOR, Norway

ARTHUR E. FURNISS, Paris

FRANK STANLEY, Paris

JOHN W. HILL, Paris

CLAYTON C. SWARTZ, Bethel

HARRY M. SWIFT, Fryeburg

DEMOCRAT

For United States Senator

ELMER E. NEWBERT, Augusta

For Governor

BERTRAND G. MCINTIRE, Watford

For State Auditor

CHARLES H. DAY, Richmond

For Representative to Congress

DANIEL J. McGILLICUDDY, Lewiston

For State Senator

FRED L. EDWARDS, Bethel

For County Attorney

PETER M. McDONALD, Randolph

For Clerk of Courts

ERNEST J. RECORD, Paris

For Register of Deeds, Eastern Dist.

GEORGE L. SANDORN, Norway

For Register of Deeds, Western Dist.

BENJAMIN T. NEWMAN, Fryeburg

For Sheriff

PAUL C. THURSTON, Bethel

For County Commissioner

YOUNG A. THURSTON, Andover

For County Treasurer

WILLIAM O. FROTHINGHAM, Paris

For Representatives to Legislature

LEE J. THURSTON, Randolph

EDWARD W. TAYLOR, Watford

SAMUEL E. TURNER, Bethel

JOHN P. MARSH, Paris

JOHN P. TALBOT, Andover

ALTON P. BARTLETT, Randolph

NATIONAL CAPITAL.

Continued from page 1.

protection and stimulation of its mental, moral and physical manhood." The plans to which the President referred have been carried through and the Commissions on Training Camp Activities of the War and Navy Departments are preparing to demonstrate to State Fairs this fall the achievements of "regulated recreation." Photographs, charts and paintings will portray how the Commissions are successfully directing theatrical entertainments, athletics, mass singing, club life, educational course and other forms of recreation within the military camps, and how hospitality has been organized in the outlying cities for the men on leave.

The saloons and the red-light districts have lost their job. Even as recently as the Mexican brush in 1916 lurid stories of debauches and immorality along the border came back to Washington. The foresight that enlisted the services of the Y. M. C. A., the Y. W. C. A., the Knights of Columbus, the Jewish Welfare Board, the American Library Association and the Training Camp Commissions in stamping out the immoral influences about the camps, have been justified by the fine condition existing among the men in uniform.

"Regulated recreation" has received the stamp of emphatic approval from the soldiers and sailors themselves, and the old horrors that existed in the pitfalls that laid in the pathway of the soldiers off duty have been wiped out, with the result that the moral conditions among the soldiers and sailors are perhaps better than in civil life. The Library Theatre and "Smile" books have been a helpful means of enjoyment in camp life.

The stimulation of "mental, moral and physical manhood" has been one of the biggest and best victories that Democracy has won—and that, too, has been among its own soldiers and sailors.

OIL AND COAL

Officials of the Fuel Administration are insistent that the war cannot be won without the products of coal mines and petroleum, and the influence of control by the Government are being lightened, and there is a strong probability that these industries will travel the way of the railroads and wire lines in going under Government supervision. Undoubtedly a heavy tax will be imposed on gasoline used for pleasure cars, and the common use of the latter vehicles is likely to be discouraged. European countries have long since discarded pleasure riding, and the scarcity of petroleum products is likely to bring about radical changes in the affairs of the United States.



DON'T DEPEND UPON YOUR NOSE TO DETECT POTATO BLIGHT

O. E. Ramsey, Extension Pathologist. Potato blight or "rust" has been found in practically all parts of the State, and in some instances it has been allowed to progress so far that it will be next to impossible to check the disease. This is principally due to the fact that most people do not recognize the presence of "rust" until they can smell it. One cannot smell it until many plants have turned black, wilted and begun to decay, then it is too late. By the time the odor of these decaying plants is noticeable, spores by the thousands have been blown to the surrounding healthy plants. Each one of these spores which falls upon a moist leaf is capable of growing or raising the leaf to die, and in turn the spores which develop upon this leaf will be carried over and infect other healthy plants. This is why "rust" spreads so rapidly during moist rainy weather. The weather has been and is now very favorable for "rust." It is very important that you should look to see if your potatoes are still healthy. The dark water-soaked spots which show a white downy layer when you look on the under side of the leaf, are the ones which show a very active growing stage of "rust." Rust usually appears in definite localities or spots in the field, and may be only a few feet across, but it soon spreads until there is a large circular area of affected plants. If you find one of these spots in your field, spray it thoroughly, with home-made Bordeaux going over it twice, once in each direction. Spray the remainder of the plot and see that every plant is completely covered, then spray again to keep them covered throughout the season. Potatoes should be sprayed once every week during rainy weather. Bulletin on potato spraying may be had free of charge by writing to the College of Agriculture, Orono, Maine.

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A NEW STYLE OF BALLOT

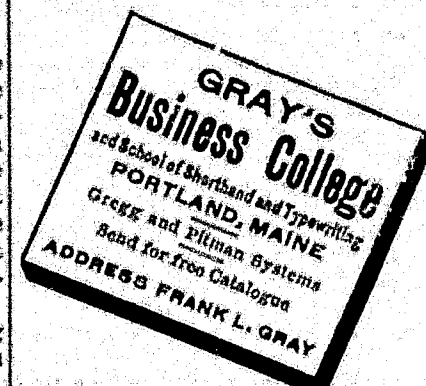
When it comes to voting at the state election which is in the near future, the voter will have a little different proposition before him in the ballot from what there has heretofore been. If he desires to vote a straight party ticket he can do it by a single cross at the head of the party column as before, but if he votes in any other way his procedure will be changed.

For some time we have been using one form of ballot for the state election and a different form for the primaries. There was much agitation in favor of making the regular election ballot in the same form as the primary ballot. So the last legislature tackled the job, and evolved a plan of voting which is vitally regarded. Some think it combines the good features of the two forms of ballot, some think it combines their bad features. In any event, it is the law.

Under the new plan and style of voting, the voter may vote a straight party ticket as before, by putting one cross in the square at the top of the party column, and if there are any of the candidates in that column for whom he does not vote, he may "scratch" their names with his pencil. In addition to the square at the top of the party column, there will be a smaller square at the right of each name. If a voter wishes to split his ticket, instead of placing his cross in the square at the top of the column, he will make crosses in the squares at the right of the names for whom he wishes to vote, wherever they are on the ballot. In this way he can scatter his voting through all the party columns on the ballot if he wishes.

One provision of the law that should be noted is that "stickers shall not be counted unless used to fill a vacancy or correct an error in the printed ballot." This does away with the use of stickers, and requires the voter to split his tickets solely with his pencil. It would seem even to prevent using a sticker for a name which is not on the printed ballot, and require a man to write the name with a pencil in any event if he desires to be independent and go outside the regular ticket. Thus to some extent it discourages independence in voting. But cases where a voter desires to do that are rare.

It would seem desirable to have some uniformity in our election laws, in place of the present jumble. At the primary we have one form of ballot and at the regular election another; at the primary the ballots are kept in the custody of the town clerk; at the regular election they are shipped to the secretary of state at Augusta, and kept in his custody. There is so much confusion regarding the matter of the custody of



the ballots that at the recent primary election the ballots from a lot of the towns were shipped to Augusta, and had to be returned.

For the first time since an official ballot was used in a state election in Maine, there will be this year on the ballot only two columns, Republican and Democrat, except in a few cases, as for instance Aroostook County, where there is an independent candidate for sheriff, and Augusta, where a Socialist candidate for representative has been nominated. The time for nominations expired on the 10th, and no nomination papers for state officers were filed, and only a few for the minor offices.

FULL SHARE OF MEASLES

Eight children in one family, all sick with measles at the same time, two of them very ill with pneumonia following the measles, is quite a record for one family. Yet one Maine family "enjoyed" such an experience last spring. The need of isolation and quarantine is clearly evidenced. The absurd opinion that measles is a "simple ailment," however general, is rebuked by many instances of severe after-effects following attacks of the disease. Children ought not to have the measles. There is no advantage in "having them early and being done with them."

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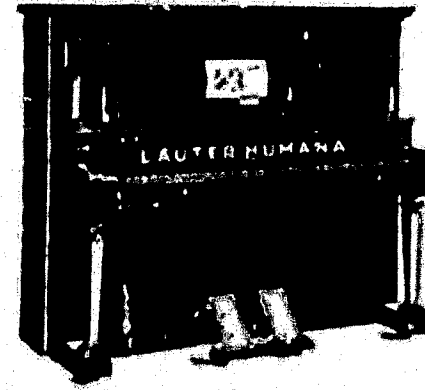
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MASON

Douglas Goring was born at work during on the Street Switching plant.

J. A. McNamee has been buying for Mrs. Mary Donahue.

James M. Allen is helping his brother, John Allen, in his business.

Mr. Green has been working for Harry Smith of West Bethel.

G. H. Smith of West Bethel was to leave Monday on business.

Miss Garry of Sumner stated she attended the 34th meeting at Lewiston under, Mrs. H. G. Green, a few days last week.

WEST PERU

Mrs. Ernest Anderson has returned from the C. M. G. Hospital, where she was with her daughter.

W. J. Chase is expected home from the Maine General Hospital this week.

Mrs. Anne Chase and children will

leave for their home in the near future.

There is a lot of hay to be harvested in this vicinity.

The bridges near by have been white with frost twice this month, on the mornings of Aug. 4 and 18.

It takes a mighty clever woman to make up her mind she would rather be clever than pretty.

THE NATIONAL CAPITAL

Events of Interest From Washington

By J. E. Jones

WHO'LL WEAR THE PANTS?

When supremacy in the home passed from the male head of the institution to the wife, people used to remark that it was "the missons who wear the pants;" and if this standard of measurement is to be applied nowadays, it is going to be rather difficult to determine whether it is the men, or the women, or "who'll wear the pants," and manage the affairs of the world. The village school ma'am's and belles are now doing a large part of the work in Washington, and they have replaced men in the Government departments in thousands of cases. The munitions plants are filled with women; and in the industries they are doing every bit as good service as men.

Reports from England upon this phase of industry are interesting, since the Mother Country undoubtedly moves even slower than we are going. Nevertheless 1,500,000 women have directly replaced men since the beginning of the war. The figures from France and Italy are even more surprising in character. In Germany and Austria the burden of labor has fallen almost entirely upon the women. Gradually women are taking their places in the ranks of industry shoulder to shoulder with men.

THE TRIUMPH IN INDUSTRY

There is no use denying the fact that there is a great shortage of labor throughout the country, and in order to better regulate conditions the Government has instituted its Employment Service, and already there have been good results. Secretary of Labor Wilson in speaking of the German propaganda among the laboring-classes said that if the philosophy of sabotage and striking upon the job had been tolerated it would have resulted in decreased production and a lowering of the standard of living of those who were actually doing the physical labor. The Secretary has pointed out the fact that the most efficient laborer is the American worker, who "produces more than any other wageworker in the world, notwithstanding the much advertised efficiency of the German workmen."

Labor has put its heel on the cobra-headed T. W. W. doctrine, labor has taken the best out of the philosophies of the Non-Partisan League and similar institutions, and has consigned the rest of the doctrine, and the exploiters, to the scrap-heap.

Employers and employees have triumphed, and it is clear that henceforth the existing differences will be settled by amicable methods that the Government has supplied. The glorious vindication that Democracy is achieving in France is likewise winning its victories in the industrial establishments of the United States.

WAGE INCREASE DECISIONS

The National War Labor Board, of which former President William H. Taft and Frank P. Walsh are joint chairmen, rendered decisions one day recently giving substantial increases in wages to 50,000 employees engaged in twenty-one street railway enterprises. The percentage of increase in the awards run from 35 to 40 per cent in the larger cities, including Chicago, Detroit, Newark and Rochester. In New Orleans the increase was 50 per cent, and in Galesburg, Illinois, it reached 65 per cent. A flat wage of 50 cents an hour was fixed in the Chicago case, and overtime work was arranged at \$1.25 an hour and a half pay, thus placing the employees on the same plane as skilled mechanics in Government industries.

Paul M. Warburg, of the Federal Reserve Board, in a recent address spoke of the "drastic shrinkages" that have occurred in public utility investments, and he expressed some alarm at the cut in the same. The records show that four companies with outstanding securities aggregating \$250,000,000 have gone into the hands of receivers this year. The utilities are paying increases of from 50 to 150 per cent for fuel, from 25 to 100 per cent for materials, and from 40 to 60 per cent for labor.

It is easy for the average mind to figure out why these increases in wages and other items of operation occur, but it is a little slower, but just as inevitable, to figure out, that the great warfare will have to make the same kind of an exit that has been made by the five cent loaf of bread and the five cent quart of milk.

ROOSEVELT ON OUR INDUSTRIES

There is a while Colonel Roosevelt has been about things in a way that all agree with—whether they are partisans or not of the ex-President. Mr. Roosevelt

(Continued on page 2.)